

Avot

The Founders

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאַמְתֵּינוּ,

אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וְאֱלֹהֵי יַעֲקֹב.

אֱלֹהֵי שָׂרָה, אֱלֹהֵי רַבֵּקָה, אֱלֹהֵי לֵאָה, וְאֱלֹהֵי רָחֵל.

הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֲלִיוֹן,

גּוֹמֵל חֲסָדִים טוֹבִים, וְקוֹנֵה הַכֹּל, וְזוֹכֵר חֲסָדֵי אֲבוֹת וְאַמָּהוֹת,

וּמְבִיא גְאוּלָּה לְבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה:

[From Rosh Hashanah through Yom Kippur add:

זְכָרֵנוּ לְחַיִּים, מְלַךְ חַפֵּץ בְּחַיִּים, וְכֹתֵבֵנוּ בְּסֵפֶר הַחַיִּים,

לְמַעַן אֱלֹהִים חַיִּים.]

מְלַךְ עוֹזֵר וּמוֹשִׁיעַ וּמַגֵּן: בְּרוּךְ אַתָּה יי, מִגֵּן אַבְרָהָם וְעִזְרַת שָׂרָה:

You are blessed, יהוה, Ancient Shepherd of our people.

Speaking in the wind with Abraham, laughing in the tent with Sarah.

Voice of thunder and earthquake, Supreme God.

God of soft word and gentle touch.

Guiding Isaac's trembling hands, teaching Rebecca kindness and strength.

Jacob, Leah, and Rachel went down to Egyptian darkness.

From the shadows You brought them back,

from the valley of darkness to a place of great light.

[Between Rosh HaShanah and Yom Kippur add:

Do you remember? You loved them just as You love life.

Today, remember us, and write us in Your Book of Life.]

We stand before You, יהוה, Ancient Shepherd of our people.